

SKOLA Summer Junior Programme



– Homestay Rules

In Your Host Family's Home

- Your host family is happy to have you and we hope you enjoy your stay with them.
- Please follow the house rules from your host family. If you do not understand them, please ask your host or SKOLA school staff to help you.
- Give your host a copy of your SKOLA Timetable so that they know your plans at all times. Always tell them if you're going to be late home for dinner.
- Do you know what time you have breakfast and dinner? Your host can tell you because they will make your meals. Please do not use their kitchen to cook; you are not allowed.
- You are not allowed to use your host's telephone. Please ask them if there is an emergency.
- Many families have internet connection and some have Wi-Fi – please ask them if you would like to use it. You need their permission every time.
- Please keep the bathroom tidy and the toilet seat clean, always put toilet paper in the toilet and everything else in the bins provided. Never put food down the toilet or in the sinks. Use the sink to wash your hands thoroughly but please do not use it to wash your hair, feet, or anything else. Ask your host what time would be the best for you to have a shower every day. Try not to spend too long in the bathroom as others might be waiting to use it.
- Keep your bedroom tidy and do not keep any food there. If you have some food, ask your host family where you can keep it.
- Smoking is not allowed in the house.

Timetabled SKOLA Activities

- You will be taken to and picked up from activities by your host on your first day. Then, if you are confident, you will be allowed to travel on foot or by bus to and from morning and afternoon Skola activities on your own. 11-15 year olds should always be in pairs, and when travelling after 8 pm, e.g. at the end of an evening activity, must be accompanied by a responsible adult. Students aged 16-17 travelling after 8 pm must be in pairs, and must be home by 9 pm or be accompanied by a responsible adult. ALWAYS CONTACT YOUR HOST TO TELL THEM WHAT TIME YOU WILL BE HOME.
- Make sure you know what special clothes you need each day for the afternoon activities, e.g your swimsuit and a towel if you are going swimming.

Going Out Alone

- In the evenings and at the weekends, when there is no timetabled activity, students aged 13-17 may go out, as long as they are with another student at all times. You **MUST** tell your Homestay provider where you are going and when you will be back. If your host is concerned about anything, they may decide you can't go out. You must abide by their decision. You must be home by the curfew: 8 pm for 13-15 year olds, 9 pm for 16-17 year olds. **ALWAYS CONTACT YOUR HOST TO TELL THEM WHAT TIME YOU WILL BE HOME.**
- Students aged 11-12 will **NOT** be allowed out without a responsible adult under any circumstances.

REMEMBER - Make sure your phone always has battery and credit. - Make sure you have all of the contact details, addresses or maps that you need - Always put your safety first. - If you have any questions, please ask any member SKOLA Exeter staff.

Contacts

Caz Potten – School Manager: 0044 (0) 790 090 6823

Andrew Darke – Principal: home telephone 0044 (0) 1626 889479

School Telephone: 0044 (0) 1392 666419

Emergency Telephone (24 hours): 0044 (0) 7828 145328

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